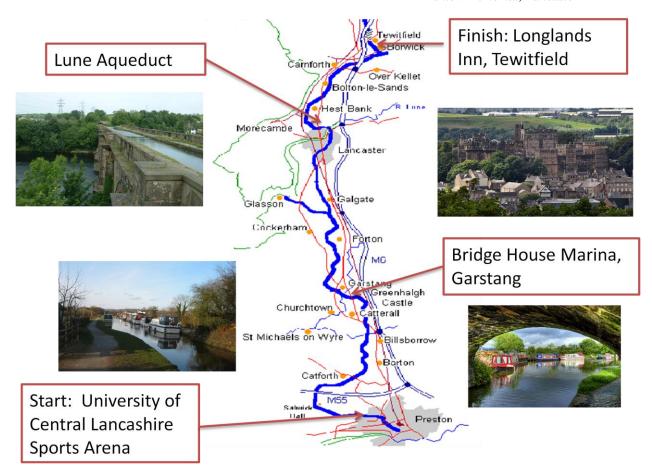
The 18th British Rowing Tour Lancaster Canal 1st – 4th September 2011

One of the most scenic canals in the country, this gentle waterway offers wonderful views of the Silverdale coast, Forest of Bowland and rolling countryside of Wyre. It was nicknamed 'the Black and White Canal' as it originally carried coal from the south and limestone from the north. The Lancaster Canal stretches over 41 miles from Preston to Tewitfield on one level, England's longest stretch of canal with no locks.



Ashton Memorial, Lancaster





White Cross Public House, Lancaster

The canal, engineered by Scottish architect John Rennie, has more than 130 bridges and 8 aqueducts, the most impressive being the one over the River Lune, which is 664 feet long and 61 feet high. Construction of the canal started in 1792 and the final section, a 2 ½ mile spur down to the coast at Glasson Docks, was completed in 1826. The Millenium Ribble Link, opened in 2002, now joins the southern end of the Lancaster Canal to the rest of the canal network.

This year's tour is organised by Weyfarers in assocation with Lancaster John O'Gaunt Rowing Club

Provisional Programme

Thurday	Boats and trailers to University of Central Lancs Sports Arena, unload and rig		
1st Sept	Transfer trailers to Halton Army Training Camp		
(p.m.)	Check in Lancaster University Conference Centre or Lancaster House Hotel		
	Informal dinner, Lancaster University		
Friday	Coach from hotel to UCLSA		
2 nd Sept	Row UCLSA to Garstang (22 km)		
	Picnic lunch en route		
	Coach to Lancaster / University, visit Maritime Museum		
	Dinner in Condor Green, on the Glasson Canal Link		
Saturday	Coach to Garstang		
3 rd Sept	Row Garstang to Halton Bridge (Lune Aqueduct) (23 km)		
	Picnic lunch en route		
	Coach to Lancaster / University, visit Lancaster Castle		
	Tour dinner Lancaster House Hotel		
Sunday	Coach to Halton Bridge		
4 th Sept	Drivers transfer trailers to Tewitfield		
_	Row Halton to Tewitfield (16 km)		
	Lunch at Longlands Inn, Tewitfield		
	Coach return to Lancaster University if required		

Accommodation

Twin or single rooms with en-suite facilities at Lancaster University Conference Centre. Superior double, twin or single en-suite rooms at Lancaster House Hotel.

Boats

Stable crew boats ONLY, sculling recommended, owing to restricted width of canal. Crews should equip themselves with canoe paddles as some sections (e.g. aqueducts) are too narrow to row. Seats in coxed quads may be offered for hire to individual participants without their own boat by clubs with spare capacity.

Places of Interest

Optional visits to Lancaster Castle and the Maritime Museum (cost approx. £3.00 each) Guided walks can be arranged for non-rowers

Cost

A participation fee will be charged to include:

- 3 nights accommodation (Thursday, Friday, Saturday) with full English breakfast
- dinners on Thursday, Friday and Saturday evening
- lunches on Friday, Saturday and Sunday
- transport to and from boating sites
- tour polo shirt
- boating fees / licences

A non-residential rate will be available for local participants

Provisional cost (depending on number of participants):	
University, sharing twin room	£220
University, single room	£250
Hotel, sharing double or twin room	£285
Hotel, single room	£345
Non-residential (includes 3 dinners, 3 lunches, tour shirt and	£120
boating fees, using own car)	or pro rata
Hire of seat	£15

Further information

John and Caroline Turnbull: Weyfarers@aol.com

The 18th British Rowing Tour Thursday1st – Sunday 4th September 2011

Lancaster Canal

Please register me for the Tour. I understand that I take part in the tour at my own risk and confirm that I have no medical conditions which may affect my ability to participate.

Name:
Address:
Tel No (home):(mobile)
Email
Accompanied by:
(rowing/non-rowing) please delete as appropriate
T-shirt size(s): S / M / L / XL / XXL Club: BR number.
(please note: you must be a member of British Rowing to take part in the tour)
Room requirements (subject to availability):
University of Lancaster / Lancaster House Hotel (delete whichever is not applicable)
Single: Double (hotel only):
Sharing with:
Any special dietary requirements:
Boat (please complete one option):
Own boat name and type:
Sharing boat with:
I wish to hire a seat:
Sightseeing
I would be interested in: Lancaster Castle Maritime Museum Guided Walks
Signature: Date:
Deposit: Please enclose a cheque for £50 per person, payable to Recreational Rowing WP by 30 th June 2011 The balance must be paid by 31 st July.
Return form to:
Caroline Turnbull Lea Rigg Pyrford Woods Woking

Surrey GU22 8QL